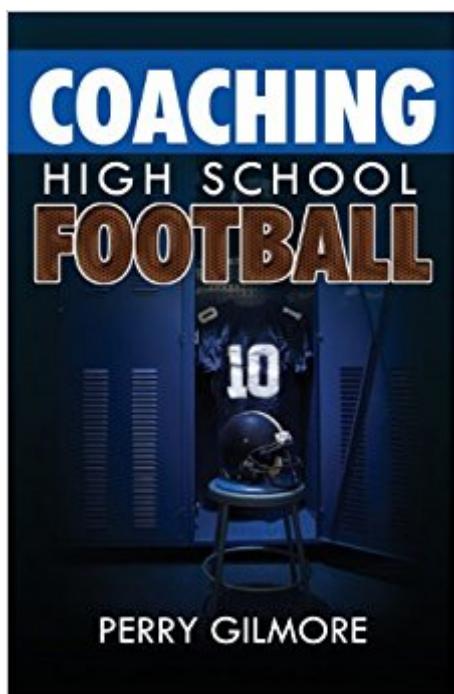


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# Coaching High School Football - A Brief Handbook For High School And Lower Level Football Coaches



## **Synopsis**

Coaching High School Football gets back to teaching the fundamentals of football basics such as player positions and assignments, play names, whole numbering, interior line play, practice sessions, in-game situations/strategies, game day preparation and coaching philosophy.Â  Included are numerous, tidbits, insights and coaching tips; plus examples of excellence and standards from a few college and pro football notables.Â  However, not just a book ofÂ  X's and O's, CHSF engages in topics particularly germane to teen and preteens such as sportsmanship, grades and citizenship; and also touches on handling off-the-field issues and distractions that may arise.Â  CHSF is an honest approach to coaching football without the hype and hoopla or the false hope of playing big time college football or having a career in the NFL.Â  For 95% of high school seniors, high school is the furthest they will advance in organized tackle football.Â  CHSF helps coaches to help players get the most of their brief football experiences. Like the author on FACEBOOK:Â  [facebook.com/perry.gilmore.94](http://facebook.com/perry.gilmore.94) Visit the author's website:Â  [coachingfootball.us](http://coachingfootball.us)

## **Book Information**

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## **Customer Reviews**

"Some coaches get so involved with winning they lose sight of the fundamentals.Â  Perry Gilmore brings you back to why you started coaching football, your love of the game."---Erick EscamillaHead Football Coach, South El Monte High School" Perry Gilmore has done a wonderful job of giving aspiring high school coaches the basics of the game of football and how to coach it. If you are new to coaching, this is a must read."--Steve HuntManaging Editor, Los Angeles News Group

Like the author on FACEBOOK: [facebook.com/perry.gilmore.94](https://facebook.com/perry.gilmore.94) Visit the author's website: [coachingfootball.us](http://coachingfootball.us)

Would be better titled Football for the volunteer youth coach. The first chapter tells you that 11 people are on the field for each team. It doesn't get much further than that for the rest of the book. It would be a good book for someone who is just being exposed to the game but there is no information that even a bad High school coach doesn't already know.

I expected more this is good for basic information

Excellent book.

I highly recommend this book for middle school and high school coaches and their students. The book provides an excellent explanation of the fundamentals of football.in an understandable format.

This book was a great read. It really helped me to understand this sport. Now I understand the game. Being a woman I never really played the sport so I watched the game cheering for touchdowns not understanding what happened in between. Mr. Gilmore really breaks it down. Women if you want to impress your man, get this book.

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